Sanction #3074







SPECIA for 2019 Limited Novice Classes

Drug-tested National Qualifier

1st 25 Entrants Choose your own competitor number

Bodybuilding | Physique | Classic Physique Figure | Bikini | Master | Junior

Drug-Free Championships

Saturday

November 9 2019

Beech Grove High School | Mike McMarrow Auditorium 5330 Hornet Ave | Beech Grove IN 461

for more information and registration: bit.ly/NPCregister

Jesse "The Shark" Dale

Ticket **Prices:**

Day Show: \$20 Evening Show: \$30

Evening VIP 1st rows: \$40

Online Ticket Sales: bit.ly/NPCIndy

Specialty Awards

Best legs & most conditioned

Thank You to our Sponsors!











We Thank All of Our Veterans











Saturday, November 9, 2019

2019 The Natural Indianapolis Drug Tested Bodybuilding, Physique, Figure & Bikini

Produced by Jesse "The Shark" & Erika Dale bit.ly/NPCregister

CHAMPIONSHIPS

Eligibility: Open to anyone in the USA with a current NPC card. NPC cards for 2018 are \$125 and can be obtained at check in (cash, check or money order only; price is subject to change per NPC). Contestants must NOT have used illegal performance enhancing drugs, including anabolic steroids, diuretics and clenbuterol for at least 1 year and must pass the drug test administered. Competitors must NOT have previously competed as a professional in any bodybuilding or figure organizations.

Crossovers: Division Crossovers ARE allowed and encouraged. YOU CAN CROSSOVER INTO MORE THAN 1 DIVISION AND DO AS MANY CLASSES AS YOU'D LIKE.

Tickets: Prejudging - 10am \$20; Evening Show - 5pm \$30; VIP - \$40; Tickets are **Non-refundable**; For Advance Tickets - Call: 317-802-7414 Tickets available online at: bit.ly/NCPIndy

Posing: Mandatory poses will be called for all divisions. Visit the NPC website (www.npcnewsonline.com) for detailed rules.

Music: Prejudging: Competitors WILL NOT be performing their 60 second posing routine during prejudging. Finals: ALL bodybuilding, women's physique, and classic physique competitors WILL perform their 60 second posing routine to their music. Competitor will provide a CD with only the song you are using on it (NO MP3s). Your music *cannot* contain any profanity or vulgar words, please review your music carefully as any competitor using inappropriate music will be disqualified. FIGURE, BIKINI, MÊNS PHYSIQUE ĈOMPETITORS: NO MUSÎC IS NECESSARY

Guidelines: Only competitors allowed backstage. Jewelry can only be worn in the Figure and Bikini competition. Bodybuilding cannot wear any jewelry

outside of a wedding ring. Thong or T Back suits are ${\bf STRICTLY}$ ${\bf PROHIBITED.}$ BIKINI Competitors: prepare to have your suit inspected before the show begins. It is strongly recommended that you bring a backup suit.

Drug Testing: All competitors subject to urine testing for illegal and or medically prescribed performance enhancing drugs, including anobolic steroids, diuretics and clenbuterol. All drug test results are final. Even if you suspect the test is incorrect, by signing this form you agree to allow the drug test company results to stand. If you test positive for diuretics, steroids, or clenbuterol, you are disqualified and must repay your drug test and ship your trophy to the rightful winner and repay all fees. *BY SIGNING THIS ENTRY, YOU ARE AGREEING TO ALLOW PRO-MOTER TO POST YOUR TEST RESULTS ON www.resultz1.com AND ANY OTHER NPC AFFILIATED WEBSITES OR PUBLICATIONS.

Awards: Amazing awards presented to the top five athletes in each class. Handcrafted wooden American flags will be presented to the

Specialty Awards: BEST LEGS and MOST CONDITIONED.

Publicity: Winners photos may be posted on www.resultz1.com, www.npcnews.com, www.bodybuilding.com, and NPC Instagram &

Entry Fee: Register Online at bit.ly/NCPregister. Register by mail: Payment MUST be a money order, accompany entry form, and be made payable to: Jesse Dale, PO Box 17091, Indianapolis IN 46217.Postmarked on or before OCTOBER 27, 2019 - 1 Class-\$100; 2 Classes-\$175; 3 Classes-\$250; 4 Classes-\$325. Postmarked after OCTOBER 27, 2019 - 1 Class-\$150; 2 Classes-\$225; 3 Classes-\$300; 4 Classes-\$375. For each

additional class, please add \$75 to your total entry fees. ALL ENTRIES MUST BE RECEIVED BY November 7th, 2018 AT 5:00 PM EST - NO EXCEPTIONS. \$75 for each added class past 4.

Check In: Friday, November 8, 2019 - Mandatory NPC Check-In/ Weigh-In & Mandatory Drug Testing from 6pm-7pm at the host hotel. La Quninta Inn, 5120 Victory Drive, Indianapolis ÎN 46237

Meeting: ALL ATHLETES MUST ARRIVE TO THE VENUE (Beech Grove High School) BY 8:30 AM SHARP ON SATURDAY NOVEMBER 9, 2019.

Contest photography and video coverage: New This Year! -FREE PHOTOGRAPHY for all athletes. Class comparisons and day and night shots will be uploaded to Show FB Group "Indiana Bodybuilding and Fitness" and then able to be downloaded free by all athletes.

Spray Tanning & Make-up Services: NO TANNING OR OIL PRODUCTS ALLOWED INSIDE VENUE. Liquid Sun Rayz is the official competition color and tanning company for the show. Visit https:// liquidsunrayz.myshopify.com/pages/class for the complete package information and to schedule an appointment; for more information call 844-SUNRAYZ (786-7299)

Venue: Mike McMorrow Auditorium | Beech Grove High School | 5330 Hornet Ave | Beach Grove IN 46107

Host Hotel: La Quinta Inn, 5120 Victory Drive, Indianapolis, IN 46237. All Rooms equipped with refrigerator, microwave and free breakfast. Reserve by October 31st for discounted rate (\$105 per night) ask for NPC Natural Indiana rate - Phone 317-783-7751. Book as soon as possible, rooms will sell out.

TICKETS

This event will Sell Out! ARRIVE EARLY

PRE-JUDGING - \$20 (10AM) | FINALS - \$30 (5PM) | VIP SEATING - \$40 | DOORS OPEN 30 Minutes Prior to Show | ADVANCE TICKETS, BULK TICKETS, or OUT OF TOWN GUESTS please call 319-991-4127 (UNTIL NOVEMBER 7, 2019) There will be NO REFUNDS or Exchanges. Online ticket sales available at: bit.ly/NCPIndy

	Entry Form - 2019 N	PC Natural Indiana	polis		
	PLEASE PF	RINT CLEARLY			
Name:		mail Address*			
Address					
Major Life Event or MC Note	Age	Weight	Height	Phone	
· · · · · · · · · · · · · · · · · · ·		* Email will be the ONLY method of Entry Confirmation!			
PHYSIQUE: Open Men's Master's Mens (35+) Junior Men's (23 & Under) Limited Novice Men's* Open Women's Master's Womens (40+) Limited Novice Women's* Open Men's Classic Master's Mens Classic (40+) Limited Novice Men's Classic* BODY BUILDING: Open Men's Master's Men's (40+) Master's Men's (50+) Junior Men's (23 & Under) Limited Novice Men's*			1 Class = \$100.00 2 Classes = \$175.0 3 Classes = \$250.00 4 Classes = \$32: LATE FEE: \$50.00 if postmarked after October 27th - No Exceptions		
·	number of entrants to insure as many athl				
		Total Amount E	nclosed:	5	
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Se In consideration of being allowed to participate in a	(17091, Indianapolis, IN 46217 MONEY Ony INJURY, DISABILITY, DEATH, o	•			

Dale (*Promoter) and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities, I (print name), the undersigned, acknowledge, appreciate and agree that: 1) the risk of injury from the activities involved in this event is significant including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist, and 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation, and 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the promoter immediately, and 4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("releases"). WITH RESPECT TO ANY AND ALL

way in the 2019 NPC Natural Indianapolis (*Event) promoted by Jesse

INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASES OR OTHER WISE to the fullest extent permitted by law. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of LaQuinta Inn including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter, Jesse Dale, from and against any damages caused by the undersigned to the hotel or damages to the guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the event and its related events. I hereby grant the NPC, Promoter and any other NPC approve video or entertainment organization and all of their agents, successors, licensee and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photgraphy or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including

without limitation, by means of still photography, motion pictures, radio, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organizations, to photograph or otherwise reproduce my voice, appearance or name or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the event in express reliance upon the foregoing, and I represent and agree that I am free to grant the right granted to the NPC, Promoter and/or any other NPC-approved video or entertainments organization hereunder. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

PARTICIPANT'S SIGNATURE

*If contestant is of Minority Age, this blank must be signed by a Parent or Guardian.

For parents/guardians of participants of minority age (Under 18 at the time of registration) This is to certify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all Releases, and for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN ARISING FROM THE NEGILIGENCE OF THE RELEASES, to the fullest extent permitted by law.