

MANDATORY NPC CHECK IN'S & DRUG TESTING •

FRIDAY November 8th 5:30 – 7:00 pm Report to the host hotel, La Quinta located 5120 Victory Dr Indianapolis IN 46203 no check ins permitted after 7:00 PM

Be prepared to offer a urine sample for drug testing. You must drug test BEFORE checking in with the NPC. The drug testing bathrooms are located to the left of the lobby down the hall. Photo ID required After you drug test bring your photo ID and NPC card to the other side of the hall and the NPC officials will check you in.

NPC cards are \$125 cash or check only and can be purchased on the spot. *price of NPC cards are subject to change per the NPC

Bodybuilders, Women's Physique & Men's classic Physique must submit their music at Friday night check ins. BODYBUILDERS & CLASSIC MENS PHYSIQUE weigh in their POSING TRUNKS

MANDATORY ATHLETES MEETING

SATURDAY November 9th 8:30 AM All athletes must report to the venue Mike McMorrow Auditorium attached to Beech Grove High School located 5330 Hornet Ave Beech Grove IN 46107

Prejudging starts at 10 am doors open at 9:30 am the evening show starts at 5:00 pm doors open at 4:30 pm. ALL ATHLETES COMPETE IN BOTH THE PREJUDGING & EVENING

Tickets: day show \$20 night show general admission \$30 night show VIP first 5 rows \$40 cash Get your tickets in advanced at bit.ly/NPCIndy

ADDITIONAL TIPS

Bring a set of bands or light dumbbells to pump up with (the show provides this however it's always safe to have your own)

Bring extra water and food

Listen up back stage, DO NOT WANDER FAR the show will run very smooth and efficient so stay close to the expeditors

Numbers are worn on the left side

Bikini be sure to bring a back up suit

Bring a positive attitude, you're going to have a blast, we promise!